Congressional Checklist

Use this checklist to mobilize your Congressperson to cosponsor and act to pass National Improved Medicare for All (H.R. 3069).

Mobilize your elected official to:	Check when completed!	How to!
Speak about it in a "Special Order" speech on the floor of Congress	☐	Special Order speeches (commonly called "Special Orders") usually take place at the end of the day after the House of Representatives has completed all legislative business. During the Special Order period, **individual Representatives can deliver speeches on topics of their choice for up to 60 minutes.** Special Orders delivered on the House floor reach a larger audience through C-SPAN's televised coverage of House floor proceedings and are inserted into the Congressional Record. Find out more here and here.
Display it prominently on their website	☐	Every Member of the House and the Senate has a website. You can find your representative's website and your senator's website. Ask your representative and senator to display their support for National Single Payer, Medicare for All, free from profit prominently on their website. They should also include education about single payer, how single payer will save lives and cost less than our current system. They can add a section on "Why I Support Single Payer."
Discuss it at Town Halls	☐	Check out this information from the National Campaign for Transit Justice.
Write about it in emails and newsletters to constituents	☐	Every elected official sends out emails and newsletters. Sign up for them on their website.
Talk about it in hearings, media, and at all public opportunities	☐	All electeds have opportunities that we don't have to speak about it in the mainstream media. Force them to use their privilege to speak up for single payer!
Improve the Medicare for All bill and become a champion for "The Model Bill"	☐	The bill needs to be improved. All for-profit health care facilities must be converted to not-for-profit. We must have progressive funding. Read about The Model bill's plan for a community governed and owned **National Community-based Health Service**.