SINGLE PAYER MYTH BUSTER

THE MYTH

"National Improved Medicare for All will not cover preventive care."

THE FACT

Preventive care is fully covered. Alternative care has a path to coverage written into the bill.
National Improved Medicare for All (bill H.R. 3069 in the United States House of Representatives) lists primary and preventive care among its core benefits. It also has the nation's top health official work with experts to identify which complementary and integrative practices, often called "alternative" care, should be included.

PREVENTIVE CARE IS COVERED

Preventive care keeps you well and catches problems early. H.R. 3069 names it a core benefit. Here is what you get.

1. **Regular checkups.** Routine physical exams with your doctor, even when you feel fine.
2. **Vaccines.** The shots that help protect you and the people around you from illness.
3. **Health screenings.** Thorough tests that look for health problems before they grow.
4. **Care for long-term conditions.** Regular tracking of ongoing (chronic) illnesses to keep them in check.
5. **Health education for everyone.** Guidance that helps you stay healthy.
6. **No bill for the visit.** No copays, deductibles, or other charges for covered care.

WHAT ABOUT ALTERNATIVE CARE?

- ✓ **What it is.** Complementary and integrative care means approaches used together with standard medical care. Many people call it "alternative" care.
- ✓ **The bill plans for it.** H.R. 3069 gives the job to the Secretary of Health and Human Services, the nation's top health official.
- ✓ **Choose what to cover.** The Secretary identifies the specific practices that are appropriate to include.
- ✓ **Find what stands in the way.** The Secretary identifies the barriers that keep people from getting this care.
- ✓ **Clear the way.** The Secretary identifies ways to overcome those barriers.
- ✓ **Experts weigh in.** The Secretary must consult federal health agencies, researchers, and nationally recognized providers and experts in the field of alternative medicine to determine which services to cover.

THE BOTTOM LINE

Preventive care is covered. Experts will help determine which alternative care will be included. National Improved Medicare for All is designed to keep people healthy, not just treat them once they are sick. That is healthcare built on need, not profit.

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Questions, comments, or ready to get involved: email us.