BUILDING YOUR DISTRICT TEAM

THE GOAL

Bring together the activists in your congressional district, agree on a plan, and meet with your Representative to help pass H.R. 3069, the bill for National Improved Medicare for All.

HOW TO BUILD YOUR TEAM

Three steps, from training to a shared plan.

1. **Get trained.** At the District-by-District training, you will learn how to use the Activist List for your congressional district. Email Ana to sign up.
2. **Invite people in your district to a team meeting.** You do not have to write the invitation from scratch. Start from these samples:

   Sample email | Sample phone scripts
3. **Hold the first meeting and agree on an action plan.** Together, the team decides which approach will work best in your district to pass H.R. 3069: educating and inspiring the public, getting news coverage, or working directly to persuade people in power.

WHERE TO FIND IDEAS

- ✓ **This online Toolkit for Activists,** with ideas your team can use.
- ✓ **The National Day of Action toolkit,** written for the National Day of Action on May 31, 2025.

MEET YOUR REPRESENTATIVE

What you bring depends on where they stand on the bill.

WHAT IS A COSPONSOR?

A member of Congress who has formally added their name to a bill to show support for it.

Find out whether your Representative has cosponsored H.R. 3069, then choose the case that fits.

NOT YET A COSPONSOR

Leave the packet for offices that have not signed on with the staff.

ALREADY A COSPONSOR

Leave the packet for cosponsors with the staff.

A COSPONSOR WHO COULD DO MORE

Go over the Congressional Checklist together. It lists further ways a Representative can help.

WORKING IN RURAL STATES

Saving rural hospitals with National Improved Medicare for All

Articles to read

- Improved Medicare for All Will Save Our Rural Hospitals
- A Rural Health Fund Band-Aid Will Not Staunch the Bleeding

Materials to use

- Sample rural flyers, in a Google Doc you can edit.
- Save Our Rural Hospitals campaign page: flyers, resolutions, a sample letter to the editor, Senator Markey's letter, articles, and the names of hospitals at risk of closing.
- **Handouts:** email us and we will send you the link.

SIGN UP FOR A TRAINING

Ready to build a team in your congressional district? Email Ana to sign up for a District-by-District training, or to ask for the link to the handouts.

CONTACT US

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Write to Ana to get started.